



**Growth hormone secretagogues are a new, innovative therapy that increases one's own natural human growth hormone production treating age-related conditions, slowing the aging process, and restoring youth.**

If you are looking for a way to slow the aging process and replace what has diminished over time from the natural aging process, HGH therapy offers many benefits including but not limited to better sleep, increase in muscle mass, weight loss, increased sex drive, overall improved mood, and a slowed aging process.

A peptide is a short chain of amino acids, a sequence in the body. Therapy with peptides uses those sequences already present to regulate and rejuvenate functions, basically they bind to and tell other cells what to do, replacing or mimicking the functions of naturally occurring peptides. Peptides have the capability to rewrite body chemistry relationships to promote restoration, anabolism and homeostasis.

HGH Peptides are a well-tolerated and safe way to increase your natural production of human growth hormone. There are over 60 approved peptides available, and we often prescribe a combination of peptides for optimal results. Peptides are appropriate for men and women alike, no matter your age.

If you suffer from any of the following symptoms, you may be a candidate for the HGH Peptides:

- Anxiety and depression
- A decrease in muscle mass and strength
- A decrease in sexual function/interest
- Fatigue/low energy
- Elevated triglyceride levels
- Difficulty concentrating or lack of memory
- Increasing abdominal fat
- Reduced vitality and energy

Our clinics offer comprehensive HGH treatment options for you.

**Schedule a Free Consultation with Our Peptide Certified Specialist.**

**Benefits of Peptide Therapy**

					
<b>Month 1</b> Better Sleep	<b>Month 2</b> Increased Strength	<b>Month 3</b> Improved Mental Function	<b>Month 4</b> Continued Weight Reduction	<b>Month 5</b> Fuller & Healthier Hair	<b>Month 6</b> 10% Increase in Muscle Mass

### Potential Benefits HGH Peptides

- Increased lean muscle mass due to the growth of new muscle cells
- Improved workouts and recovery
- Reduced body fat
- Increased energy, strength and stamina
- Deeper more restful sleep
- Decreased joint and muscle pain
- Increased sex drive
- Improved skin tone and texture resulting in fewer wrinkles
- Improved mental clarity
- Accelerated wound healing
- Stronger immune system
- Thicker, fuller hair
- Increased bone density and bone strength
- Faster recovery from injuries
- Strengthens your cardiovascular system
- Slowed aging process

### Peptide Therapy Process

- 1. Initial consultation** - includes a blood test to determine levels, understanding around your medical history, symptoms, and goals.
- 2. Follow-up consultation** - review lab results, discuss treatment options, and a personalized peptide therapy program to help you reach your goals.
- 3. Your Plan** - HGH peptides are administered daily, through subcutaneous injections. At home, you will follow a prescribed cycle of injections by your Certified Peptide Therapist.
- 4. Monitoring Your Progress** - after your cycle (usually 60-90 days) you will return to our clinic for retesting of your levels to determine if our plan is on track.





## Expected Results with Six Months of HGH Peptide Therapy

While patients will notice some significant increases changes in the body after the first month, the full-benefits are usually fully noticed after three to six months of therapy.

### Month 1

- Ease of mind, contentedness, better attitude
- Increased energy
- Improved stamina
- Deeper, more restful sleep
- Weight loss/decreased body fat

### Month 2

- Improved skin, reduced wrinkles
- Stronger nails and hair
- Increased muscle tone
- Increased metabolism
- Reduction in belly fat

### Month 3

- Noticeable feelings of ambition
- Enhanced sex drive and performance
- Improved mental focus
- Better flexibility
- Improved joint health

### Month 4

- Continued weight reduction
- Improved skin elasticity
- Increased lean muscle mass

### Month 5

- Noticeably fuller and healthier hair
- Reduced appearance of wrinkles, better skin tone
- Continued reduction in belly fat

### Month 6

- 5-10% reduction in body fat (without exercise/diet)
- 10% increase in lean muscle mass
- Improved vitality due to organ regrowth
- Greatly improved physique

## Peptide Therapy Vs. Synthetic HGH

	Synthetic HGH (Somatropin)	HGH PEPTIDES (i.e. Semorelin)
EFFECTS ON HGH LEVELS	Promotes unnatural levels Shuts down natural production	Promotes natural release of HGH Promotes natural HGH production
EFFECTS ON THE PITUITARY GLAND	Negatively impacts pituitary function	Supports healthy pituitary function
SAFETY	HGH levels drop when therapy stops High overdose risk Risk of diminishing response to drug A range of side-effects, including cancer	HGH production continues for a period once therapy is discontinued Very low overdose risk No risk of your body creating a diminishing tolerance response Minimal side-effects
AVAILABILITY	Controlled substance, not readily accessible legally	Readily and legally available

It is worth noting that synthetic HGH can cost around \$1000 per month for treatment. Bottom line, Peptide Therapy provides all of the same benefits of HGH without the risks and high-cost of synthetic therapy.

## Combination Therapy

HGH Peptide Therapy can be used in conjunction with other therapies such as Testosterone Replacement Therapy to enhance and increase your results.

**Schedule a Free Consultation with Our Peptide Certified Specialist to learn what therapies may be right for you.**

